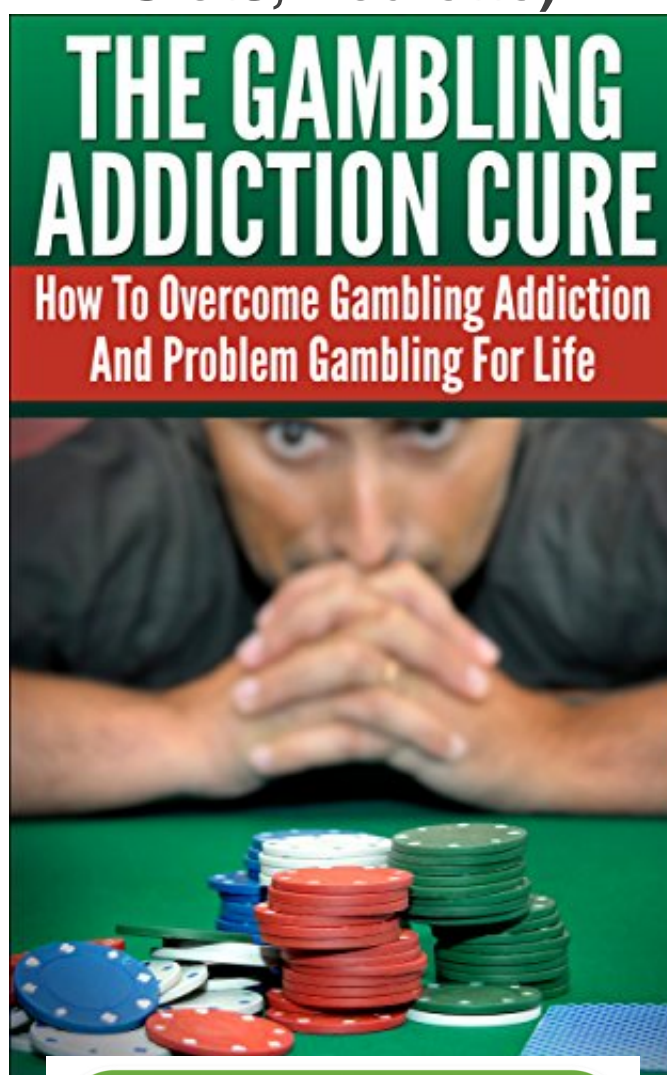


The Gambling Addiction Cure - How To Overcome Gambling Addiction And Problem Gambling For Life (Compulsive Gambling, Gamblers, Casino Games, Sports Betting, Poker, Black Jack, Craps, Slots, Roulette)



EBOOK DOWNLOAD

Synopsis

Discover How To Overcome Gambling Addiction For Life You're about to discover a proven strategy on how to overcome gambling addiction and problem gambling for the rest of your life. Millions of people suffer from gambling addiction and throw away their finances and destroy their family's future through this destructive habit. Most people realize how much of a problem this is, but are unable to change their addiction, simply because it's been apart of their lifestyle for so long. The truth is, if you are suffering from gambling addiction or problem gambling and haven't been able to change, it's because you are lacking an effective strategy and haven't yet changed your associations to your gambling addiction. This book goes into a step-by-step strategy that will help you free yourself from gambling addiction and help you to be able to take control of your life. Here Is A Preview Of What You'll Learn... How To Recognize Your Gambling Problem How To Get The Right Treatment For Gambling Addiction How To Overcome Gambling Addiction Maintaining Your Progress How To Help A Family Member With A Gambling Problem How To Prevent A Relapse Download today! Tags: gambling addiction, problem gambling, addictions, addiction recovery, gambling recovery, gambling problem

Look inside the book

The Gambling Addiction Cure How To Overcome Addiction And Problem Gambling For Life Introduction I want to thank you and congratulate you for downloading the book, "The Gambling Addiction Cure". This book contains proven steps and strategies on how to overcome your gambling addiction and be free from problem gambling for life. It also contains advice on how you can continue on the road of progress during days when the going gets tough. I know what it's like to suffer from gambling addiction and the stress it can cause on your life. Any addiction is difficult to change, as you get so conditioned to living a certain way and your addiction begins to meet your needs. When you learn to break the old habit or addiction, then replace it with a new empowering alternative to replace your needs, you no longer are enslaved to that old pattern. Most cures are only good for a given number of time. They do not extend to one's whole life and how a former gambling addict might be able to curb any urges that he or she might experience through it all. Let's face it, gambling addiction is not a very easy matter. It takes time and the right mindset to do it. In this book, you'll find all of that and more. Through applying the steps in this book, I can guarantee you that you will be able to free yourself from your gambling addiction and change your life forever. It's not only worked for me, but the thousands of others that have been through this program. Thanks again for downloading this book, I hope you enjoy it!

Recognizing The Problem Gambling is a terrible addiction which causes stress, not just to your wallet, but to you as a person as well. Of course, money is something that you work hard for and understandably, you may have also reached a point where you simply want to stop, but couldn't. Gambling addiction can easily become a routine for you and pretty soon, you have depleted your savings and have gone into debt just to feed your needs. It is not different from becoming addicted to illegal substances even though some might think otherwise. You will get the urge to play no matter how much you try and stop yourself. But don't let this fool you into thinking that there is no hope - there is! You simply need to find the will and discipline as well as a step-by-step strategy on how you can successfully overcome this. It doesn't matter if you bet on scratch cards, poker, sports, roulette, slots or even in online casinos - gambling will eventually cause strain in your personal life as well as relationships. It will get in the way of your work and eventually lead to financial issues. In fact, some people's addictions have gotten so bad that they even resort to stealing money just so that they may gamble some more or pay off existing debts. Sounds terrible, doesn't it? These are the cold, hard facts about this kind of addiction. You do want to stop, right? Well, the first step towards achieving that would be recognizing the problem and then understanding it. In admitting that you have a problem, you are taking the first step towards recovery. Not everyone would willingly accept their addiction. Some would even tell you that they can stop at any time. Yet, they do not.

The Gambling Addiction Cure How To Overcome Addiction And Problem Gambling For Life Introduction I want to thank you and congratulate you for downloading the book, "The Gambling Addiction Cure". This book contains proven steps and strategies on how to

overcome your gambling addiction and be free from problem gambling for life. It also contains advice on how you can continue on the road of progress during days when the going gets tough. I know what it's like to suffer from gambling addiction and the stress it can cause on your life. Any addiction is difficult to change, as you get so conditioned to living a certain way and your addiction begins to meet your needs. When you learn to break the old habit or addiction, then replace it with a new empowering alternative to replace your needs, you no longer are enslaved to that old pattern. Most cures are only good for a given number of time. They do not extend to one's whole life and how a former gambling addict might be able to curb any urges that he or she might experience through it all. Let's face it, gambling addiction is not a very easy matter. It takes time and the right mindset to do it. In this book, you'll find all of that and more. Through applying the steps in this book, I can guarantee you that you will be able to free yourself from your gambling addiction and change your life forever. It's not only worked for me, but the thousands of others that have been through this program. Thanks again for downloading this book, I hope you enjoy it!

Recognizing The Problem

Gambling is a terrible addiction which causes stress, not just to your wallet, but to you as a person as well. Of course, money is something that you work hard for and understandably, you may have also reached a point where you simply want to stop, but couldn't. Gambling addiction can easily become a routine for you and pretty soon, you have depleted your savings and have gone into debt just to feed your needs. It is not different from becoming addicted to illegal substances even though some might think otherwise. You will get the urge to play no matter how much you try and stop yourself. But don't let this fool you into thinking that there is no hope - there is! You simply need to find the will and discipline as well as a step-by-step strategy on how you can successfully overcome this. It doesn't matter if you bet on scratch cards, poker, sports, roulette, slots or even in online casinos - gambling will eventually cause strain in your personal life as well as relationships. It will get in the way of your work and eventually lead to financial issues. In fact, some people's addictions have gotten so bad that they even resort to stealing money just so that they may gamble some more or pay off existing debts. Sounds terrible, doesn't it? These are the cold, hard facts about this kind of addiction. You do want to stop, right? Well, the first step towards achieving that would be recognizing the problem and then understanding it. In admitting that you have a problem, you are taking the first step towards recovery. Not everyone would willingly accept their addiction. Some would even tell you that they can stop at any time. Yet, they do not.

How To Overcome Addiction And Problem Gambling For Life

Introduction

I want to thank you and congratulate you for downloading the book, "The Gambling Addiction Cure". This book contains proven steps and strategies on how to overcome your gambling addiction and be free from problem gambling for life. It also contains advice on how you can continue on the road of progress during days when the going gets tough. I know what it's like to suffer from gambling addiction and the stress it can cause on your life. Any addiction is difficult to change, as you get so conditioned to living a certain way and your addiction begins to meet your needs. When you learn to break the old habit or addiction, then replace it with a new empowering alternative to replace your needs, you no

longer are enslaved to that old pattern. Most cures are only good for a given number of time. They do not extend to one's whole life and how a former gambling addict might be able to curb any urges that he or she might experience through it all. Let's face it, gambling addiction is not a very easy matter. It takes time and the right mindset to do it. In this book, you'll find all of that and more. Through applying the steps in this book, I can guarantee you that you will be able to free yourself from your gambling addiction and change your life forever. It's not only worked for me, but the thousands of others that have been through this program. Thanks again for downloading this book, I hope you enjoy it! Recognizing The Problem Gambling is a terrible addiction which causes stress, not just to your wallet, but to you as a person as well. Of course, money is something that you work hard for and understandably, you may have also reached a point where you simply want to stop, but couldn't. Gambling addiction can easily become a routine for you and pretty soon, you have depleted your savings and have gone into debt just to feed your needs. It is not different from becoming addicted to illegal substances even though some might think otherwise. You will get the urge to play no matter how much you try and stop yourself. But don't let this fool you into thinking that there is no hope - there is! You simply need to find the will and discipline as well as a step-by-step strategy on how you can successfully overcome this. It doesn't matter if you bet on scratch cards, poker, sports, roulette, slots or even in online casinos - gambling will eventually cause strain in your personal life as well as relationships. It will get in the way of your work and eventually lead to financial issues. In fact, some people's addictions have gotten so bad that they even resort to stealing money just so that they may gamble some more or pay off existing debts. Sounds terrible, doesn't it? These are the cold, hard facts about this kind of addiction. You do want to stop, right? Well, the first step towards achieving that would be recognizing the problem and then understanding it. In admitting that you have a problem, you are taking the first step towards recovery. Not everyone would willingly accept their addiction. Some would even tell you that they can stop at any time. Yet, they do not.

[Download to continue reading...](#)

What people say about this book

Ebook Library Reader, "GOOD INFORMATION!. Nothing you probably haven't hear before although is different when someone is teeling you because you don't want to hear it than reading by yourself alone. It does make you feel better and helps you understand your problem and ways to treat it. The important thing is to put it in practice and don't fall if you want to get ride out of your gambling problem."

Ebook Library Reader, "Good. This was a pretty good read. It didn't take very long to read. I wish it would of offered a few more things to do when the urge becomes strong, but overall pretty good."

Anita Simic, "Excellent Resource on Overcoming a Gambling Addiction. This book is great! It is helpful, not only to individuals who are addicted to gambling, but also to anyone who is interested in this problem or knows someone who might be struggling with it. The society is exposed to so many gambling venues nowadays. In my opinion, the access to gambling games has increased even more with technology development. What always intrigued me was what attracts people to this so much? So many people lose important things because of this addiction, such as their families, homes and jobs. The author, Stefan Pylarinos, covers all the questions you might have regarding gambling, he offers a step-by-step strategy to recognize if you or a close one have a gambling problem, how to overcome it and prevent a relapse in the future. This is a book I will definitely recommend!"

Mel Barber, "Good Advice.. I've never understood an addiction like this, but I wanted to, in order to help a friend through their problem.This book has laid it all out for me with easy to understand signs & symptoms to look out for. It then discusses lots of different methods of treatment that are available. The author goes through many ways to maintain your progress once the addiction is broken & he actually devotes a chapter to helping a family member which I found invaluable.I feel really equipped to help now, & at least to better understand & for that I'm ever grateful."

Mo, "Great advice! Easy and logical!. I like the part about "thrills". When you Get to the point where you dont care about how much money you win, and the most important is to get the "max-thrill" such as Jackpots and "Roof-limits", especially on slots, its time to seek other positive areas in life you can find that same thrill-moments. Its an pattern, and you can rewire a pattern just by substituting a better one with the old one.Great read!!"

Tim B, "Well written and contains powerful techniques. This book is very well written, and contains many powerful techniques for dealing w a gambling problem (and also friends or family members who may have a gambling problem). While there are no "easy answers" or "magic pills" to solve a problem like this, the author does a great job of discussing the problem, root

causes and ways of dealing with the problem, prevent relapses, and the psychology of addiction. I learned a lot, and would highly recommend this book.”

Ebook Library Kunde, “Einfach zu folgende Ratschläge. Der Autor zeigt in diesem Buch mit Hilfe von einfach zu folgenden Ratschlägen,wie Spielsucht überwunden und das Risiko von Rückfällen stark vermindert werden kann.Sehr empfehlenswertes Buch !”

KJ, “amazing insight. you can use this book for more than overcoming gambling addiction. amazing insight”

Jonathan, “Recommended. Great read, there are some really helpful things in this book even if your dealing with non gambling issues, read it!”

The book has a rating of 5 out of 3.7. 30 people have provided feedback.

The Gambling Addiction Cure How To Overcome Addiction And Problem Gambling For Life

Book Information

Language: English

File size: 170 KB

Simultaneous device usage: Unlimited

Text-to-Speech: Enabled

Screen Reader: Supported

Enhanced typesetting: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Sticky notes: On Kindle Scribe

Print length: 17 pages

[DMCA](#)